

# Post-Master's Fellowship in Evidence Based Practice

#### Summary

The Center for Effective Therapy (CET) is the Baker Center for Children and Families' state-of-the art outpatient center. Serving children ages 2-22 and their families, CET provides the highest quality evidence-based care designed to treat a wide range of behavioral and emotional concerns. These behavioral and emotional concerns include but are not limited to problems with anxiety, depression, behavior challenges, and traumatic stress disorders. At CET, we treat a multicultural population of clients including individuals from low income, racial, and ethnic minority backgrounds, members of the LGBTQ+ population, and children presenting with gender diversity. With locations in Boston and Waltham, we connect with our local community and build relationships to help break down the stigma around behavioral health care and show that we are partners dedicated to promoting inclusivity as well as health and emotional well-being for all. We provide treatments that have been proven to work, and we do so in a tailored way, making sure that we can customize treatments to the unique, specific needs of every child and caregiver.

To help us achieve this mission, we are seeking passionate social work or mental health counseling graduates to join our growing team and complete a two-year postgraduate fellowship focused on youth evidence-based psychotherapy. At CET we have a collaborative, multidisciplinary team of clinicians all enthusiastic about providing the best possible care to children and families. We provide ample training, supervision, and education to all members of our team and foster a community committed to learning, professional development, and continuous growth.

The fellow will deliver direct outpatient services to children and adolescents experiencing difficulties with anxiety, depression, traumatic stress, disruptive behavior, and other emotional and behavioral problems. The fellow will receive training and supervision in evidence-based models for child and adolescent assessment and psychotherapy, including potential certification in the Modular Approach to Therapy for Children (MATCH). The fellow will receive supervision and direct service experience consistent

with Massachusetts social work or mental health counseling licensure requirements during the fellowship.

### **Essential Duties and Responsibilities**

- Conduct weekly semi-structured assessments of children ages 2-22 using the K-SADS diagnostic interview.
- Maintain a diverse caseload of child and adolescent clients.
- Provide 22 hours per week in year one and 24 hours per week in year two of evidence-based treatment to children and families (e.g., MATCH, TF-CBT).
- Work with caregivers to enhance the effectiveness of treatment services.
- Use progress monitoring tools to assess efficacy of treatment and adjust intervention strategies as needed.
- Collaborate with collateral contacts in the best interest of clients.
- Conduct initial clinical phone screens to assess potential clients for appropriateness of

**CET** services

• Participate in onsite and virtual evidence-based trainings, weekly seminars, and weekly supervision.

### **Qualifications and Skills**

### Applicants must meet the following requirements:

- Have an MSW from a CSWE accredited program or MA from a CACREP accredited program by the end of the 2025 academic year.
- Must be actively working toward obtaining LCSW within 4 months of hire for MSW candidates.
- Ability to learn and utilize evidence-based practices.
- Commitment to cultural responsiveness, humility, and incorporation of a diversity, equity, and inclusion (DEI) lens into all aspects of clinical work.
- Child and Adolescent Needs and Strengths (CANS) certification, or eligibility to complete CANS training.
- Ability to analyze and utilize outcomes from data, and excellent written and verbal communication skills.
- Computer proficiency, including knowledge of Office 365, and experience working with electronic medical/health records (EMR/EHR).

## Strong applicants will have:

- Experience or familiarity with evidence-based practices, (e.g., CBT, MATCH, TF-CBT, PCIT, ERP and SPACE Treatment are especially beneficial).
- 1-2 years of clinical experience with children.
- Experience educating and coaching caregivers in 1:1 and/or group settings.
- Excellent interpersonal, organizational, and communication skills.
- Strong computer skills.

## **What CET Offers**

- \$45,000 annual salary for initial year with salary increase to \$50,000 available for successful performance during first year of fellowship.
- Generous benefits package including BCBS medical and dental insurance.
- Flexible, hybrid work model.
- Supervision provided by an LICSW or LMHC that will count toward licensure.
- EBP certification

The Baker Center for Children and Families is dedicated to the achievement of equality of opportunity for all its employees and applicants for employment without regard to race, color, religion, sex, sexual orientation, marital status, age, national origin, disability, veteran status, or any other protected group status under federal, state, or local law. The Baker Center for Children and Families is an Equal Opportunity/Affirmative Action Employer.

#### **Applications**

Interested candidates should apply on the Baker Center website <u>by clicking here</u> and include the following with application submission:

- A cover letter specifically addressing your experience related to the job responsibilities above
- A resume
- A de-identified assessment report (e.g., psychodiagnostic report, biopsychosocial assessment)
- A de-identified treatment report (e.g., treatment plan, treatment summary)

Two (2) letters of recommendation should be emailed directly from your writer to <a href="mailto:CET@bakercenter.org">CET@bakercenter.org</a>.

**Application Opens**: January 20, 2025 **Application Deadline**: Rolling until filled **Position Start Date**: Summer, 2025